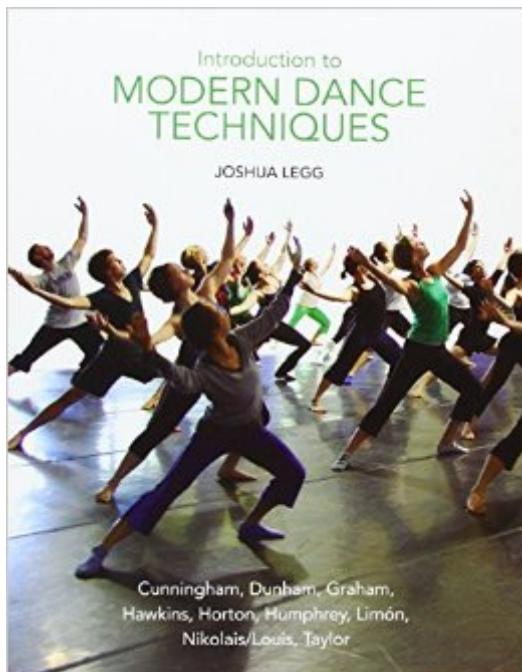


The book was found

# Introduction To Modern Dance Techniques



## Synopsis

Bringing together all of the major modern dance techniques from the last 80 years, this engaging account is the first of its kind. The informative discussion starts by mapping the historical development of modern dance: in the late 19th century, a new dance emerged—not yet known as modern dance—that rejected social strictures and ballet as well. With insight into the personalities and purposes of modern dance's vanguard—including Martha Graham, Lester Horton, José Limón, and Merce Cunningham—this compilation provides a comparative approach that will enable students to discern which technique best suits them and dispel the idea that there is a single, universal modern dance technique. There are also ideas for experimentation so that students can begin developing an aesthetic sense for not only what is pleasing to their artistic eye, but also for what technical ideas are exciting while their own body is in motion. Sample lessons are included for teachers to incorporate the text into courses.

## Book Information

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## Customer Reviews

Think of this as a textbook clarifying all those names and techniques that dance teachers may have referenced while you were trying to concentrate on alignment or form (or just not falling over) during dance class through the years. I minored in dance in college but focused mainly on ballet. This book has helped to round out my modern education. If you're looking for a broad overview of the last century in concert dance, this may be a great resource for you as well. Legg covers the evolution of modern dance from Denishawn and Isadora Duncan to Paul Taylor and "Postmodernism." Familiarity of dance in general will probably be a big help!

This is a well written modern dance history resource. It takes you through the history as well as the techniques of modern dance. It is a thorough resource for a modern technique class or a modern dance history course.

This text has a great blend of the practical, the technical and the theoretical. Rarely do you see these aspects so well blended.

Wonderful. Received quickly.

Perfect!

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